Book No. 01

DROP'S BIRTHDAY



A sample session from the Water Academy
· Little Water Guardians · Ages 5–8

45 minutes · household materials · under €5

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THE STORY

READ ALOUD (3 minutes)

Today is Drop's birthday.

But here is the strange thing about Drop's birthday: she is not new. She is not one year old, or ten, or a hundred. Drop is older than the mountains. She is older than every person who has ever lived.

So what does a birthday mean, for water that has always been here?

Drop says it means remembering.

"On my birthday," she says, "I remember everywhere I have been. I have been a cloud over a mountain. I have been snow on a roof. I have been rain in a garden, and a river, and a wave. I have been inside a whale, and inside a tree, and inside a child."

She looks at you very kindly.

"You have drunk me before," she says. "You just don't remember. But I do."

READING NOTES FOR THE ADULT

- Read slowly. Pause after each place Drop has been.
- Before the story, ask: "How old do you think water is?" Take every guess seriously — then reveal the answer.
- After the story, ask: "If water has been inside a whale, a tree, and a child — where do you think it will go next?"

THE EXPERIMENT

MAKE A CLOUD IN A JAR (5 minutes)

YOU NEED

- A clear glass jar
- Hot water (adult handles this)
- A plate or lid that covers the jar
- 4–5 ice cubes

STEPS

1. An adult pours hot water into the jar — about one third full.
2. Place the plate on top of the jar.
3. Put the ice cubes on the plate.
4. Wait. Watch the inside of the jar.

WHAT HAPPENS

Mist forms on the inside of the glass. Droplets gather and run down the sides. It is raining inside your jar.

THE REVEAL — SAY IT SLOWLY

"Look. Drop is being born again, right here, right now. She never runs out. She just keeps going around."

IF IT DOESN'T WORK

The water wasn't hot enough, or the room is too warm. Try again with hotter water and a colder plate (refrigerate the plate for 10 minutes first).

SAFETY

An adult handles the hot water, always. Children watch, then look closely once the jar is safe to touch.



MAKE THE PROMISE

(5 minutes)

Ask the child to place a hand on the cool jar and say:

"I will remember Drop."

Then ask: "What is YOUR promise to water?" Write their exact words on the card below — not corrected, not improved. Their words, their promise.

Hang it somewhere the family will see it — the fridge is perfect. A promise that's visible is a promise that's kept.

THIS IS ONE OF SEVEN STORIES.

In the full Water Academy, Drop travels up into the sky, underground, inside your body, into trouble — and home again. Every story comes with its experiment, its promise, and a facilitated session designed by educators who have taught water on four continents.

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